

Daily structured timetable

Follow <https://www.bbc.co.uk/bitesize> from April 20th for daily guidance, or follow our suggestions should you want a more structured day.

30 mins for each activity	<p>Maths Whiterose Maths https://whiterosemaths.com</p> <p>TTrockstars https://play.ttrockstars.com/auth</p>
	<p>https://imoves.com/the-imovement</p> <p>Dance with Darcey Bussell https://twitter.com/diversedance.../status/1241098264373592065</p> <p>THE LION KING Dance Tutorial: Get Up And Go https://www.youtube.com/watch?v=Avf5QyUY1Bo</p>
	<p>English with David Walliams https://www.worldofdavidwalliams.com/elevenses/ OR Spelling shed https://www.spellingshed.com/en-gb OR Literacy shed https://www.literacyshedplus.com/</p>
	<p>PE Games Activities https://imoves.com/the-imovement OR Jo Wicks www.thebodycoach.com/blog/pe-with-joe-1254.html/ OR Mat Whitlock bbc website</p>
	<p>Lunch time at least 1 hour cooking with Jamie Oliver https://www.jamieoliver.com/feat.../category/get-kids-cooking/</p>
	<p>History / Music/ Geography/ Science https://www.bbc.co.uk/bitesize From April 20th</p>
	<p>BBC Bedtime stories OR For older https://youngminds.org.uk/</p>