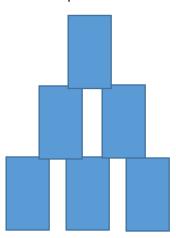
Family Olympics

All of these events are crazy things that my family did at the start of lockdown to keep use amused and to stay in contact by videoing the events at our separate houses. If you don't have the equipment use something similar (that's what we did!)

Tin-can alley

- 6 cans (or something similar that will stack)
- 1 ball (or something similar) we didn't have a ball so we used a potato...





You have 3 throws each, I suggest under arm or the potato may explode...

Re-stack the tins after each throw (if you hit them)

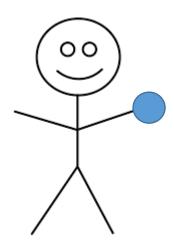
Keep track of how many you knock down!

Name	Throw 1	Throw 2	Throw 3	Total

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Spinning shot-put

- A bowl
- Scrunched up paper
- Space to spin





You have 3 throws each.

Spin around 2 times then throw.

You get 1 point for each time the paper ball goes in the bowl.

Name	Throw 1	Throw 2	Throw 3	Total

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