

## Things to do in the Spring in Milton Keynes

Spring is a beautiful time to explore. You can take a stroll around one of Milton Keynes' lakes or if you prefer a longer walk, The Ouzel Valley Park offers routes perfect for a family picnic or a gentle hike. There are also lovely nature reserves around Milton Keynes, including Linford Lakes Nature Reserve, where you can discover local wildlife and enjoy the beauty of spring flowers in bloom. Gulliver's also has a Spring Spectacular to enjoy.



If you are bored, you can get out in your garden if you have one or go to a nearby park. You could have a go at planting some flowers, play some games or sit down under a tree and read a book.



If I was Prime Minister for the day, what would I do?



Make some healthy fruit skewers:



**Useful dates**  
 Friday 20 March Red Nose Day  
 Friday 27 March Break up  
 Monday 13 April Back to school  
 Thursday 16 April Y6 trip

**Top Tips to Stay Happy during the Holidays**

1. Eat healthily
2. See friends
3. Do some arts and crafts
4. Make a fairy garden
5. Plant some flowers



This newsletter was brought to you by the Bradwell Village School Wellbeing Ambassador Group. March 2026  
**Keep me or recycle me.**

Q: What did the fast tomato say to the slow tomato?  
 A: Come on, ketchup!