

WEEK ONE					
Menu	Monday	Tuesday	Wednesday	Thursday	Friday
MAIN COURSE	Macaroni cheese	Mild Chicken Curry	Roast Gammon with gravy	Spaghetti Bolognaise	Chicken Burger in a bun
VEGETARIAN	Macaroni Cheese	Mild Vegetable Curry	Veggi Sausage	Quorn Bolognaise	Veggi Burger
SERVED WITH	Green Beans	Basmati Rice & Naan Bread	Roast New Potato and Vegetables	Topped with Cheese	Wedges & Peas
JACKET POTATO	BEANS CHEESE TUNA WITH CHEESE	BEANS CHEESE TUNA WITH CHEESE	BEANS CHEESE TUNA WITH CHEESE	BEANS CHEESE TUNA WITH CHEESE	BEANS CHEESE TUNA WITH CHEESE
BAGUETTE	HAM TUNA CHEESE	HAM TUNA CHEESE	HAM TUNA CHEESE	HAM TUNA CHEESE	HAM TUNA CHEESE
PUDDING	Blueberry Muffin	Yoghurt	Fresh Fruit Salad	Cookies	Ice Cream

WEEK TWO					
Menu	Monday	Tuesday	Wednesday	Thursday	Friday
MAIN COURSE	Beef Meatballs in a Tomato & Basil Sauce	Pork Sausages with Gravy	Sweet & Sour Chicken	Pepperroni Pizza	Tuna & Sweetcorn Pasta Bake
VEGETARIAN	Veggi Meatballs	Veggi Sausage	Sweet & Sour Quorn	Cheese & Tomato Pizza	Sweetcorn Pasta Bake
SERVED WITH	Pasta & Cheese	Mash Potato & Green Beans	Rice & Prawn Crackers	Salad & Coleslaw	Peas
JACKET POTATO	BEANS CHEESE TUNA WITH CHEESE	BEANS CHEESE TUNA WITH CHEESE	BEANS CHEESE TUNA WITH CHEESE	BEANS CHEESE TUNA WITH CHEESE	BEANS CHEESE TUNA WITH CHEESE
BAGUETTE	HAM TUNA CHEESE	HAM TUNA CHEESE	HAM TUNA CHEESE	HAM TUNA CHEESE	HAM TUNA CHEESE
PUDDING	Chocolate Muffin	Cheese & Crackers	Fresh Fruit Salad	Carrot Cake	Yoghurt

WEEK THREE					
Menu	Monday	Tuesday	Wednesday	Thursday	Friday
MAIN COURSE	Mild Chilli Con Carne	Chicken & Vegetable	Sausage and Bacon Casserole	Cottage Pie	Cod in Batter
VEGETARIAN	Quorn Chilli	Vegetable Pasta Bake	Veggi Sausage	Quorn Mince Cottage Pie	Veggi Sausage Roll
SERVED WITH	Topped with Cheese	*****	New Potatoes	Green Beans	Wedges & Baked Beans
JACKET POTATO	BEANS CHEESE TUNA WITH CHEESE	BEANS CHEESE TUNA WITH CHEESE	BEANS CHEESE TUNA WITH CHEESE	BEANS CHEESE TUNA WITH CHEESE	BEANS CHEESE TUNA WITH CHEESE
BAGUETTE	HAM TUNA CHEESE	HAM TUNA CHEESE	HAM TUNA CHEESE	HAM TUNA CHEESE	HAM TUNA CHEESE
PUDDING	Rice Pudding	Jam and Coconut Sponge	Fresh Fruit Salad	Cookies	Fruit Flapjack

NAME: _____

CLASS: _____