

COVID-19 Guidance for Parents/Carers in Milton Keynes Education Settings From 24th January 2022

For any **SUSPECTED** or **CONFIRMED** case of COVID-19 in a young person please follow the flow chart below.

SUSPECTED case if child/young person has COVID-19 symptoms

Key symptoms:

- A new continuous cough and/or
- high temperature and/or
- a loss of, or change in, normal sense of taste or smell (anosmia).

Additional symptoms that may be early warning signs of COVID-19 in children include upset stomach, headache, sore throat, unusual fatigue.

Book a **PCR test** as soon as possible online via the website www.nhs.uk/coronavirus.

Alternatively a PCR test can be ordered by phone on **NHS 119** for those without the internet.

Ensure child/young person isolates at home until the test result.

Who else needs to isolate?

The rest of the household does not need to isolate if they are :

- Under 18 and 6 months *and/or*
- Double vaccinated *and/or*
- Part of a COVID Vaccine trial *and/or*
- Can not have a COVID vaccine for medical reasons (as confirmed by a medical professional).

If none of the above apply then the household contacts must isolate until the test result.

Result of test

(notify setting as soon as possible).

NEGATIVE

POSITIVE

Child can return to setting once well.
Any household contacts can stop isolating.

CONFIRMED case(s)
following a
Positive **PCR** Test

Inform the setting of positive PCR. Ensure child/young person isolates at home for up to 10 days. Anyone testing positive can now take LFD tests no earlier than day 5 and day 6 in their isolation period. The tests should be taken on consecutive days.

If both tests are negative, they can leave self-isolation as soon as they have got the negative result from the second test provided they do not have a temperature. If they decide not to carry out LFD testing or if they are unwell, then they should continue with their self-isolation for the full 10 days.

This also applies to children below school age, with LFD testing at the discretion of parents/carers.

CONFIRMED case(s)
following a
Positive **LFD** Test

Self-isolate and report result of LFD [here](#). *

Inform setting of LFD result. Follow national guidance on self-isolation.

Families who are eligible for the test & trace support payments should take a confirmatory PCR.

For **symptomatic** cases the day the symptoms began is **DAY ZERO**.

You need to add up to 10 further days after **DAY ZERO**.

For **asymptomatic** cases the date of the test is **DAY ZERO**.

You need to add up to 10 further days after **DAY ZERO**.

Household/close contacts who are fully vaccinated or under 18 years 6 months should do daily LFD tests for 7 days. The daily LFD should be done before leaving home for the first time each day. If during this time the LFD test is positive, the individual must self-isolate and follow national guidance. Children aged below school age are exempt from self-isolation and do not need to take part in daily LFD testing. However, they should take a PCR test if a household contact of someone who has tested positive

Household/close contacts only need to self-isolate for 10 days if they are over 18yrs & 6 months and have not been fully vaccinated. Unvaccinated adult household/close contacts must isolate for 10 days.

If anyone else in the household becomes unwell and tests positive for Covid-19 they will need to restart/start their isolation. The rest of the family who have been isolating, do not need to extend their isolation period.

- * This is a temporary measure introduced on 11th January 22. See [here](#) for more details
- If you have recently (within 90 days) had a positive PCR test for COVID-19, you are exempt from PCR testing during the 90 day period, unless you develop new symptoms.
- LFD tests are used for identifying Covid-19 infection where there are no symptoms and should not be used if you have any symptoms. Where possible, please take a PCR test if you have symptoms.
- If you have had a COVID-19 vaccination you should still take part in the LFD testing as you may still transmit the virus.